



Winding Waters®

RIVER EXPEDITIONS

JOSEPH, OREGON

PACKING LIST

PERSONAL ITEMS

- Water Bottle
- Sun Glasses
- Sun Block
- Moisturizing Lotion
- Personal Meds
- Camera (waterproof or in a waterproof case)
- Flashlight/Headlamp
- Small Pillow
- Sleeping Bag/Cotton Sheet (for hot summer nights)
- Toiletries
- Gloves for Paddling (for kayak or paddle raft)
- Chapstick with SPF
- Backup Prescription Eye Glasses/extra contacts
- Eyeglass Holders (e.g. Croakies)
- Biodegradable Camp Soap
- Small Camp Towel
- Liquor/Beer/Wine (order beer & wine through us if you like)
- A Good Book

FUN ITEMS TO CONSIDER

- Camping Hammock
- Leatherman Tool
- Swimming Goggles/Snorkel Gear
- Binoculars

- Star Gazing Guide
- Playing Cards
- Musical Instrument

CLOTHING

- Fleece Jacket
- Rain Suit
- Long Pants
- Long Sleeve Shirts (quick dry suggested)
- Hiking Shorts (quick dry suggested)
- Short Sleeve Shirts (quick dry suggested)
- River Sandals (Sandals you can get wet. Guide choice = Chacos)
- Low-key Hiking Shoes (like tennis shoes)
- Socks
- Swimming Wear
- Sun Hat & Knit Hat

ITEMS BEST LEFT AT HOME

- Electronics (computer, iPad, iPod, etc)
- Expensive jewelry
- Expensive eyewear (bring your old glasses and plenty of contact lenses)

**Many guests leave saying they packed way too much stuff....*

Winding Waters River Expeditions

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